

# USING AN ASMANEX TWISTHALER® TWIST, CLICK, INHALE

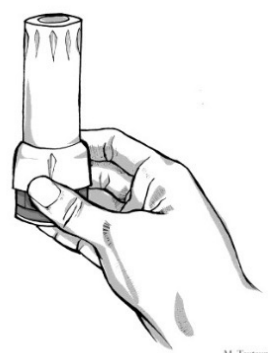
Twisthalers® deliver long-term control medicines to the airways. Remember to use it every day, even when you feel good. This medicine works slowly, over several weeks, to get rid of swelling and mucus, and then it keeps working to keep it from coming back.

\*\*\*Long-term controllers do not help asthma flare-ups.

## 1: OPEN

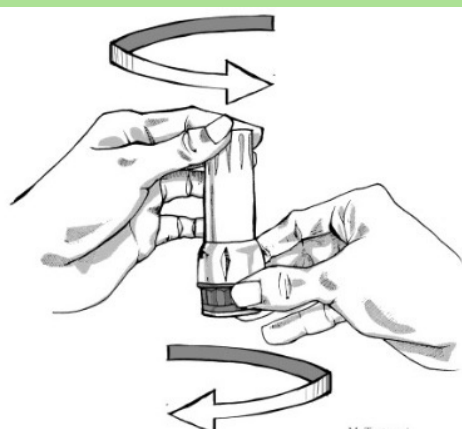
Twisthalers® do not need to be primed.

Hold the Twisthaler® upright and remove the cap.



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Twist the cover and lift it off.



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## 2: GET READY

Breathe out.



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Place your teeth around the mouthpiece, then seal your lips over your teeth.

## 3: TAKE THE DOSE

Breathe in deeply and quickly through the Twisthaler®.

Hold your breath for 10 seconds.



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## 4: STORE THE TWISTHALER®

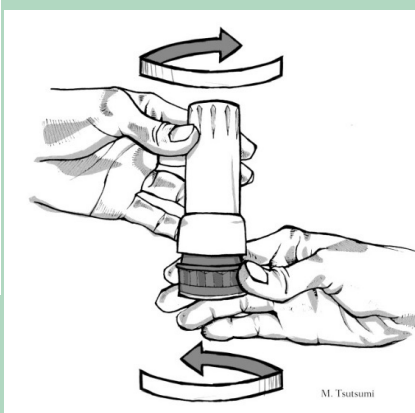
Breathe out naturally.

Close the Twisthaler®.

When the counter gets to 10, call for a refill.



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