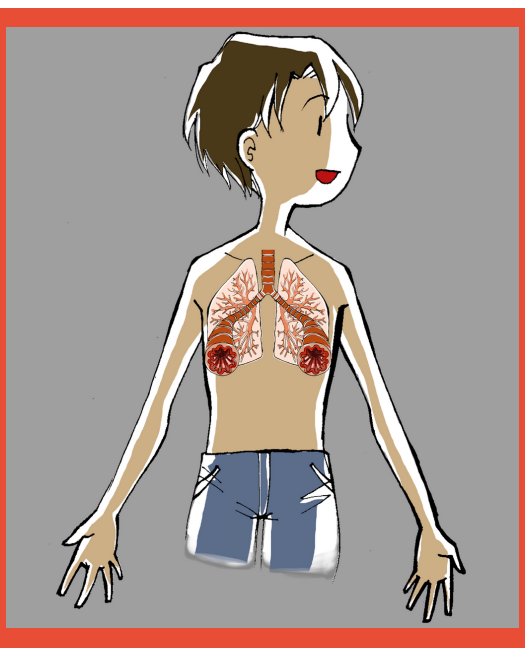
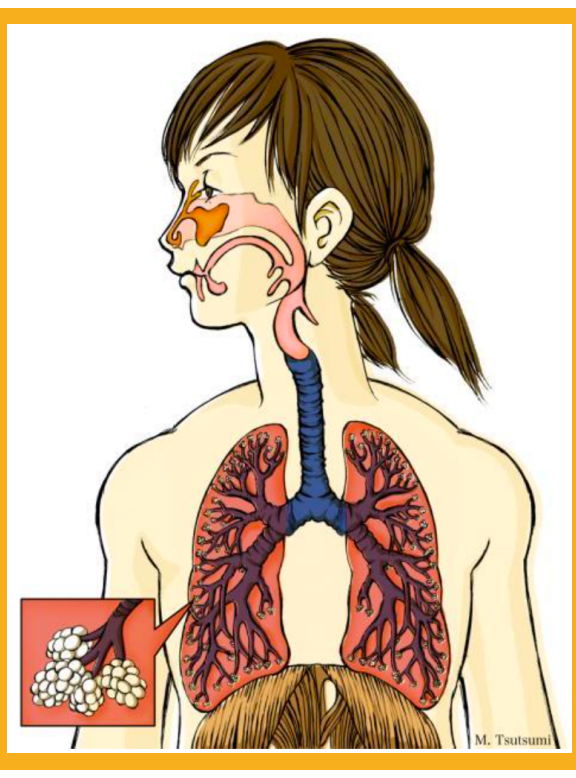
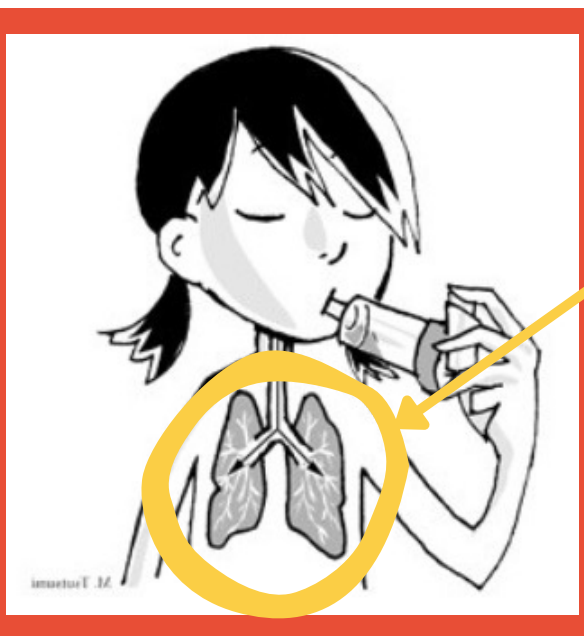


What is Asthma?

Asthma affects your respiratory system. People with asthma have asthma all the time even if they are not having symptoms.

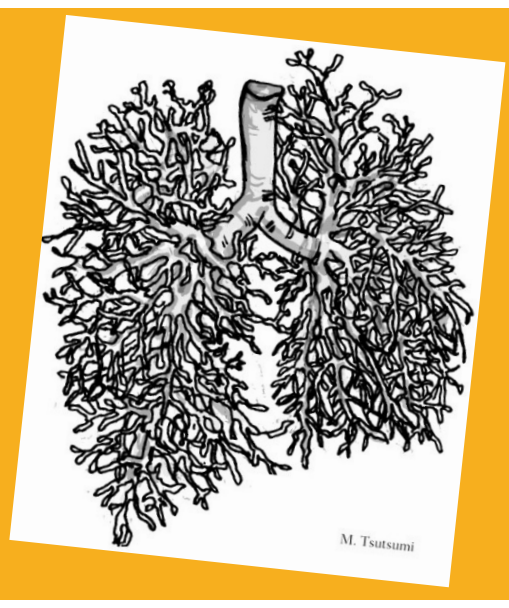




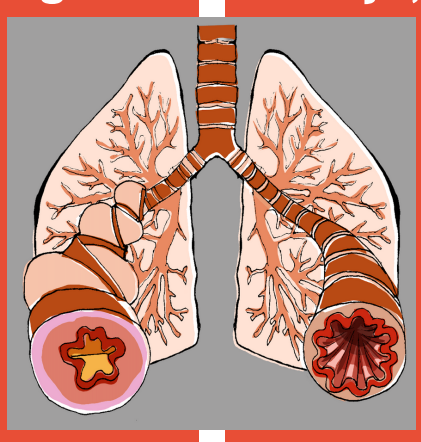
Everyone's respiratory system has lungs.

But, lungs are not just two big balloons that fill up with air when you breathe.

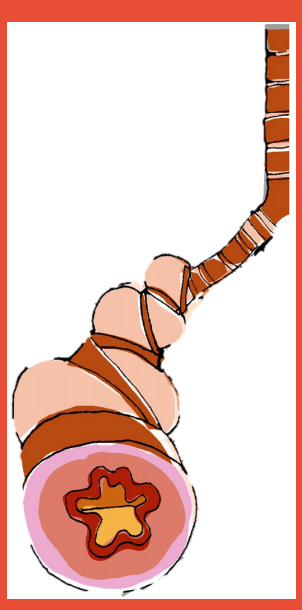
They are made of tiny airways, most of which are hard to see without a microscope.



Inside the lungs and airways, you would see:



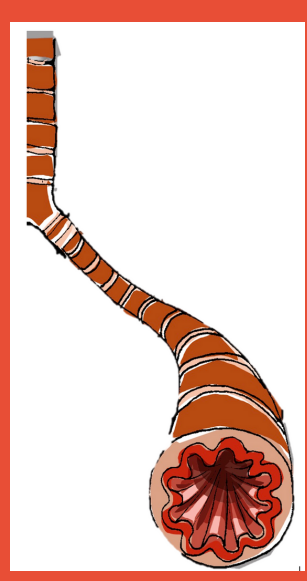
During asthma:



Airways are closing, Tight Muscles, Swelling, and Mucus

When there is no asthma:

Wide open airways No Swelling, No Mucus, No Tight Muscles



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