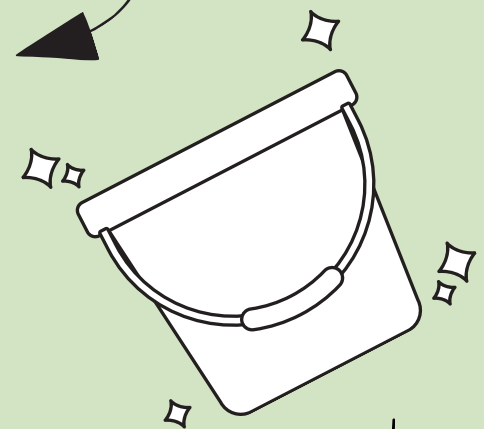


USING BLEACH SAFELY

Bleach fumes are harmful, so only use as a last resort and following these steps:

DILUTE

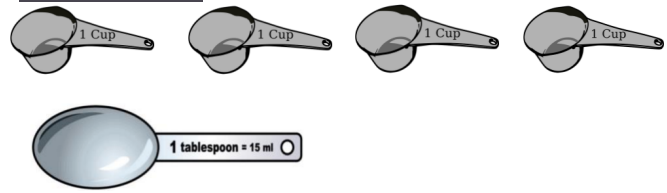
Bleach is meant to be diluted, *not* used straight out of the bottle. Diluted bleach is also less dangerous for your eyes, skin, and lungs--especially if you have asthma!



DILUTION FOR NON-FOOD SURFACE

4 cups of water

1 Tablespoon of bleach



DILUTION FOR FOOD SURFACE

4 cups of water

1/4 teaspoon Bleach



Less bleach because we don't want to get bleach in our food!

MIX FRESH

Non-diluted bleach last 3-5 months before breaking down and losing its disinfection abilities.

Diluted bleach breaks down after 24 hours. Therefore, bleach dilutions should be mixed fresh for use that day.

AVOID FUMES

Mix bleach with cool water. If you use hot water, more chlorine gas can be released, which is bad for our lungs!

Ventilate the area where you are using bleach. Try turning on a bathroom fan or opening a window.

