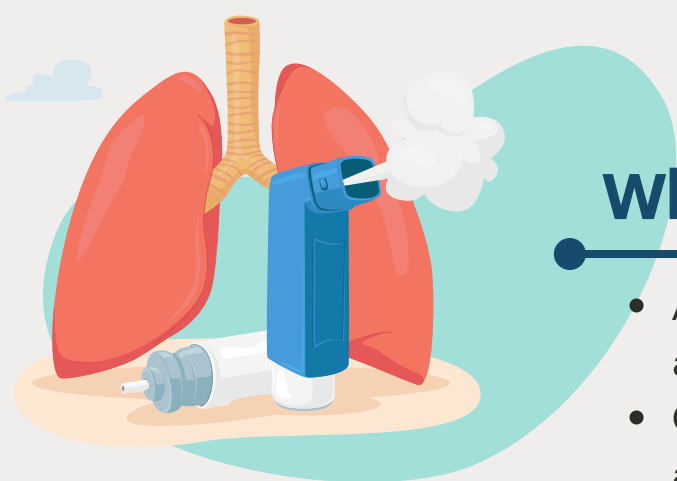


Asthma & Pet Dander

Our fun loving pets at home may be causing asthma symptoms. Here are some important things to know about pet dander!

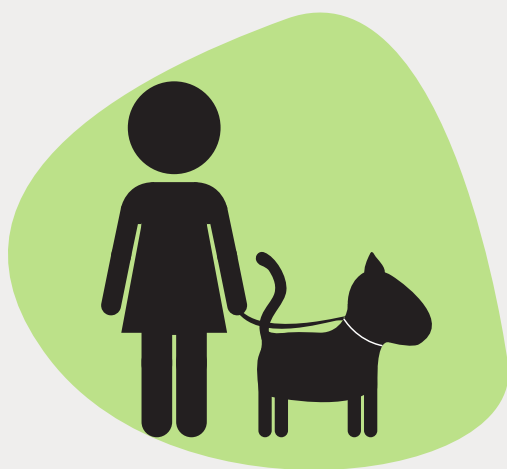
What is pet dander?

- Small parts of skin, urine, feces, and saliva
- Made by many animals like dogs, cats, hamsters, birds
- Frogs, snakes, and fish are okay



Where does pet dander hide?

- Anywhere! Including furniture, bedding, and walls for up to 3-6 months
- Carried into or out of the home on shoes and clothing



Why does it matter?

Pet dander can damage the lungs of people with asthma and cause symptoms.



How will I feel?

People with asthma might experience trouble breathing, cough, runny nose or watery eyes.

Dealing with Dander

Wash your hands



Vacuum regularly

No pets on your bed



Source: Lung.org